



Return to Sport Safety Guidelines

Phase 1 protocol as of 5/26/2020

PHASE 1

- Classic Opens
- Facilities Prepared
- Competitive Teams Only

PHASE 2

- Phase 1 Policies Loosened
- Limited Developmental Classes Resume

PHASE 3

- Restrictions Loosened
- Resume Regular Programming

Classic Gymnastics Reopen Protocol—PHASE 1

Employee Guidelines	<ul style="list-style-type: none"> -Staff will follow illness policy including temperature checks and 24 hour wellness standard. -Staff will wash/sanitize hands prior at regular intervals. -Staff will have limited direct physical contact with children (spotting is limited to necessity for all groups). -Staff will be diligently trained on procedures and prepared to enforce any distancing protocols. -Staff will adhere to PPE requirements if set by the MN Dept. of Health. -Employee travel will be monitored and isolation following travel will adhere to MDH recommendations.
Building Preparation	<ul style="list-style-type: none"> -Facility Team will be on site to disinfect and sanitize in prep for 'return to work'. -Recommended products that are effective against Covid-19 will be used throughout each day. -Doors that can be propped open will be. Door handles will be wiped and cleaned after uses. -Hand Sanitizer stations throughout building accessible and monitored for refill. -Drinking fountains will be closed and students encouraged to bring water bottles. -Lockers will be taken out of use.
Entering the Building	<ul style="list-style-type: none"> -Drop Off/Pick Up encouraged; No more than 1 adult per athlete in building. Masks are encouraged to be worn by the adults. -All participants are to use the MN Symptom Screener before arrival. We reserve the right to perform touchless temperature checks of any participant and send home anyone appearing ill. -Everyone will be required to sanitize/wash hands upon entering gym. Athletes will also be required to wash again prior to beginning practice. -Everyone will use the designated entrance to the building to control traffic flow.
Traffic Flow Physical Distancing Facility Ratio	<ul style="list-style-type: none"> -Classic will have separate entrances and exits. Look for communication as we designate the traffic flow plans every couple weeks. -Lobby will be monitored and limited to comply with MDH policies. Please see signage as needed. -We are working on integrating a secure live-streaming option for our families. -Occupancy and programming will be regulated per the Minnesota Department of Health guidelines.
During Practice	<ul style="list-style-type: none"> -Athletes should have their own backpack or drawstring bag to carry with them during practices – coaches will review with their teams as far what to keep on hand. -We will remind athletes of proper hygiene & handwashing duties. -Lesson plans will be modified to omit partner activities. -Lesson plans will be modified to limit use of props. Any props will be sanitized after each individual student's use. -Stations and activities will be modified to allow safe distance between athletes -Chalk stations will be removed. Each athlete will keep chalk in their own (brought from home) personal plastic container. Classic will supply each athlete a personal spray bottle if they use water on their grips. (Must wash daily when they bring it home) -Grips will be kept in the bag brought by each athlete daily.
After Class	<ul style="list-style-type: none"> -Everyone will use the designated exit from the building to control flow. -Employees will begin disinfecting/sanitizing all areas immediately to get ready for next group .